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Online foodies gift guide

BY ROSEMARY BLACK
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No time to whip up cookies, chutneys and cheese straws for the foodie on your gift list? Order online and you can treat your favorite gastronome to homemade holiday goodies with practically no effort. Here, for every type of food lover, is a sampling of delicious specialties.

For the environmentally conscious chocoholic

When Green & Black's was launched in 1991, it was the world's first organic chocolate, a product declared by founders Josephine Fairley and Craig Sams to be "guilt free." Two years later, the company's orange and spice Maya Gold Chocolate became the very first product to carry the Fairtrade Mark, meaning that the farmers and growers producing the company's cacao got a fairer price for their crops. To this day, it's hard to find a more delicious dark chocolate than Green and Black's, which is rich without being unctuous, deep and dark without being heavy. Order some of the bars, which are \$3.49 apiece, or other cacao-inspired bonbons from www.greenandblacks.com.

For cookie monsters of all ages

Order a sweet assortment from Feed Your Soul Cookies and a portion of the proceeds will be donated to your favorite charity. The flavors -like strawberry linzer snowflake, chocolate brownie chunk, white chocolate cherry jubilee and fluffernutter -can be mixed and matched. Prices range from \$24.95 for one dozen to \$56.95 for five dozen. Each gift comes in a pretty, satin ribbon-trimmed silver tin. Order from www.feedyoursoulcookies.com.

For farflung relatives

Can't be at your family's house to cook breakfast on Christmas morning? Order the Deluxe Breakfast Basket from Cracker Barrel, and it'll practically cook itself. The basket (\$34.99) contains grape preserves, apple butter, pancake mix, corn muffin mix, fried apples and coffee. Order from www.crackerbarrel.com.

For the celeb watcher

Want to give your favorite sweet tooth the same cake that Oprah loves? Check out Carousel Cakes' classic Southern red velvet cake. The icing alone is worth the price of one of these beauties -it's a thick cream cheese frosting enrobing a red-tinted, rich chocolate layer cake. The cake costs \$39.95 from www.CarouselCakes.com.

Sprinkles Bakery in Beverly Hills is where cupcake addicts like Katie Holmes, Oprah Winfrey and Jessica Alba head to order flavors like chocolate peppermint, and it's not unusual for customers to wait in line for an hour to get their sugar fix. Give your fave cupcake fan the new premade mix from Sprinkles and they can create and customize their own seasonal holiday cupcakes. The mix is \$14 at www.williams-sonoma.com.



Carousel Cakes' Southern red velvet cake



Cookie assortment from Feed Your Soul cookies

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